

# SIGN-UP SHEET

YES  **I would like to learn more about the Kick-Start Running Club.** Please send me a starter-kit including the 5-week training program, healthy lifestyle tips and information about WNEP's Ryan's Run 5k and All-Abilities Walk.

YES  **We would like to support WNEP TV's Ryan's Run and participate in the School Rules Contest.** Please send me more information about the campaign, School Rules Contest and our "Proud Supporter" posters.

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

School: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Please complete and return to:

email: [cwrigh@allied-services.org](mailto:cwrigh@allied-services.org)

OR

Charlotte Wright  
Allied Services Foundation  
100 Abington Executive Park  
Clarks Summit PA 18411

570-348-1275

[alliedservices.org/ryansrun](http://alliedservices.org/ryansrun)

