Dear Friend,

On November 5, I will be running the 2023 TCS New York City Marathon as part of Team Allied Services.

I am running to help children and adults with disabilities, life-changing injuries, and chronic illness at Allied Services. This non-profit health system touches the lives of almost 5,000 people in Northeastern and Central Pennsylvania each week.

Its 3,000 employees provide skilled nursing, home care, vocational services, physical rehabilitation, behavioral health services and end-of-life care to help individuals and families live each day to the fullest.

I invite you to support this campaign. A donation of any size will have a lasting and positive impact on children and adults with disabilities in the area. For example, a $50 donation can purchase applications for iPads for children with autism; $100 donation will assist children with developmental disabilities in pragmatic social experiences; $250 can provide a week of music therapy group sessions for residents with Alzheimer’s or dementia; $500 donation can subsidize a 13-week therapy session for a family who doesn’t have adequate insurance.

You can make a donation to Allied Services Foundation at the address above or by visiting

alliedservices.org/teamallied and clicking the PLEDGE NOW button.

Thank you in advance for your support for children and adults with disabilities.

Sincerely,