

# SEE HEALTHY AND LIVE HAPPY WITH HELP FROM ALLIED SERVICES AND VSP.

Enroll in VSP<sup>®</sup> Vision Care to get personalized care from a VSP network doctor at low out-of-pocket costs.

#### VALUE AND SAVINGS YOU LOVE.

Save on eyewear and eye care when you see a VSP network doctor. Plus, take advantage of Exclusive Member Extras for additional savings.

#### **PROVIDER CHOICES YOU WANT.**

With an average of five VSP network doctors within six miles of you, it's easy to find a nearby in-network doctor. Plus, maximize your coverage with bonus offers and additional savings that are exclusive to Premier Program locations.



**Like shopping online?** Go to **eyeconic.com** and use your vision benefits to shop over 50 brands of contacts, eyeglasses, and sunglasses.

#### **QUALITY VISION CARE YOU NEED.**

You'll get great care from a VSP network doctor, including a WellVision Exam<sup>®</sup>—a comprehensive exam designed to detect eye and health conditions.





#### **MORE EYEWEAR CHOICES**

Shop more than 50 brands of contacts, eyeglasses, and sunglasses on **eyeconic.com**. Best of all, you can use your VSP benefits and connect directly with your eye doctor for your prescription.

## Enroll today. Contact us: 800.877.7195 or vsp.com

#### YOUR VSP VISION BENEFITS SUMMARY

Allied Services and VSP provide you with an affordable vision plan.

PROVIDER NETWORK:

EFFECTIVE DATE:

07/01/2021

**VSP** Choice



BENEFIT	DESCRIPTION	COPAY	FREQUENCY
	YOUR COVERAGE WITH A VSP PROVIDER		
WELLVISION EXAM	Focuses on your eyes and overall wellness	\$O	Every other plan year* (Child dependents every plan year)
PRESCRIPTION GLASSES		\$O	See frame and lenses
FRAME	<ul> <li>\$120 featured frame brands allowance</li> <li>\$170 frame allowance</li> <li>20% savings on the amount over your allowance</li> <li>\$65 Costco<sup>®</sup> frame allowance</li> </ul>	Included in Prescription Glasses	Every other plan year*
LENSES	<ul><li>Single vision, lined bifocal, and lined trifocal lenses</li><li>Impact-resistant lenses for dependent children</li></ul>	\$0	Every other plan year* (Child dependents every plan year)
LENS ENHANCEMENTS	<ul> <li>Standard progressive lenses</li> <li>Premium progressive lenses</li> <li>Custom progressive lenses</li> <li>Average savings of 30% on other lens enhancements</li> </ul>	\$0 \$95 - \$105 \$150 - \$175	Every other plan year* (Child dependents every plan year)
CONTACTS (INSTEAD OF GLASSES)	<ul><li>\$120 allowance for contacts; copay does not apply</li><li>Contact lens exam (fitting and evaluation)</li></ul>	Up to \$60	Every other plan year* (Child dependents every plan year)
PRIMARY EYECARESM	<ul> <li>Retinal screening for members with diabetes</li> <li>Additional exams and services for members with diabetes, glaucoma, or age-related macular degeneration.</li> <li>Treatment and diagnoses of eye conditions, including pink eye, vision loss, and cataracts available for all members.</li> <li>Limitations and coordination with your medical coverage may apply. Ask your VSP doctor for details.</li> </ul>	\$0 \$20 per exam	As needed
	<ul> <li>Glasses and Sunglasses</li> <li>Extra \$20 to spend on featured frame brands. Go to vsp.com/of</li> <li>20% savings on additional glasses and sunglasses, including lenses</li> <li>12 months of your last WellVision Exam.</li> </ul>		om any VSP provider withir
EXTRA SAVINGS	<ul><li>Routine Retinal Screening</li><li>No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam</li></ul>		
	<ul> <li>Laser Vision Correction</li> <li>Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities</li> </ul>		

YOUR COVERAGE WITH OUT-OF-NETWORK PROVIDERS

Get the most out of your benefits and greater savings with a VSP network doctor. Call Member Services for out-of-network plan details.

Coverage with a retail chain may be different or not apply. Log in to **vsp.com** to check your benefits for eligibility and to confirm in-network locations based on your plan type. VSP guarantees coverage from VSP network providers only. Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail. Based on applicable laws, benefits may vary by location. In the state of Washington, VSP Vision Care, Inc., is the legal name of the corporation through which VSP does business. 19; F2-?/246@6 fiBF

\*Only available to VSP members with applicable plan benefits. Frame brands and promotions are subject to change. Savings based on doctor's retail price and vary by plan and purchase selection; average savings determined after benefits are applied. Ask your VSP network doctor for more details.

#### Classification: Restricted

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# The Importance of an Eye Exam

A WellVision Exam<sup>®</sup> from a VSP<sup>®</sup> provider helps detect the signs of health conditions like high blood pressure, diabetes, and high cholesterol—along with other eye and health issues.



# Think you're too young, old, or healthy for an eye exam? Think again.



## **Babies and Toddlers**

Approximately 80% of what children learn is through their eyes.<sup>1</sup> Impaired vision can affect a child's cognitive, emotional, neurologic, and physical development by potentially limiting his or her exposure to a range of experiences and information.<sup>2</sup>

#### Schedule their eye exams:

• At six months • Between two and three years old • Before kindergarten



#### Adults

Even if you have had laser vision surgery or have naturally good vision, you still need an annual exam. More than four million Americans over the age of 40 have some form of vision impairment.<sup>5</sup> More than twothirds of Americans report experiencing symptoms of digital eye strain.<sup>6</sup>

Schedule your eye exam once a year.



#### People with Diabetes

Diabetes is one of the top three causes of blindness in the United States.<sup>9</sup> And, most diabetes-related blindness can be prevented by an annual eye exam.

Schedule your eye exam once a year.



#### Children

More than one in four school-age children have some form of a vision problem.<sup>3</sup> Studies show that 60% of students identified as problem learners have undetected vision troubles.<sup>4</sup>

Schedule their eye exam once a year. TIP: Schedule one at the beginning of the school year to give your child a healthy start.



### Seniors

As we age, we're more susceptible to cataracts, glaucoma, and macular degeneration. Macular degeneration is the leading cause of vision loss and blindness among Americans age 65 and older.<sup>7</sup> Glaucoma affects more than 3 million Americans, but only half are aware they have the disease because the symptoms are so subtle.<sup>8</sup>

Schedule your eye exam once a year.



#### **Contact Lens Wearers**

Contact lenses are medical devices. That's why regular exams with an eye care provider to review your prescription are important.

Schedule your eye exam once a year.

According to the National Eye Institute, more than 11 million people in the U.S. have an uncorrected visual impairment. Help protect your family's vision. Visit **vsp.com** to find a conveniently located VSP<sup>®</sup> provider.

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 The Vision Council, 2016 Digital Eye Strain Report.
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 CDC Vision Health Initiative, Common Eye Disorders, 2013.

# **BROWSE WITH BENEFITS**

Your vision and wellness come first with VSP. Now, your benefit includes eyeconic.com, an eyewear store for VSP members.

Eyeconic<sup>®</sup> seamlessly connects your eyewear, your insurance coverage, and the VSP<sup>®</sup> doctor network. Plus, you get the convenience of online shopping along with the personal touch from a VSP doctor.

# **ONLINE SHOPPING WITH BENEFITS**

Online shoppers will love:

- A huge selection of contact lenses and designer frames 24/7—and the Virtual Try-On tool.
- Free shipping and returns.\*
- Free frame adjustment or contact lens consultation.
- Verification of your prescriptions and the 25-point inspection process to ensure your eyewear is just right.

## **IT'S EASY TO USE YOUR VSP BENEFIT**

- 1. **Create an account at vsp.com**. Review your vision benefit and access your eligibility and coverage information, including how to apply your benefits at Eyeconic.
- Find superior eye care near you. The decision is yours—choose a conveniently located VSP doctor or any out-of-network provider. Visit vsp.com or call 800.877.7195 to find the best provider for you.
- 3. Check out Eyeconic and browse the frame brands you love. You can connect to your VSP benefits, upload your prescription, and order your glasses following your WellVision Exam<sup>®</sup>.



LOOKING OUT FOR YOUR EYES

TO \$220

eyeconic

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#### ALREADY USED YOUR BENEFITS FOR THE YEAR?

As a VSP member, you still receive 20% savings on glasses and sunglasses at Eyeconic.

# Experience eyeconic.com<sup>®</sup>, a convenient new retail option.

\*Terms and conditions apply. Visit **eyeconic.com/faqs** for more details

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# FRAMES TO MATCH YOUR STYLE AND BUDGET

You deserve to look great at a price that won't break the bank. Save on your perfect pair of glasses—including designer frames and lens enhancements, like anti-glare lenses. Find a wide selection of featured frame brands at Premier Program locations, now including private practice doctors and Visionworks retail locations nationwide.





bebe CALVIN KLEIN COLEHAAN @ DRAGON



SEE MORE BRANDS AT VSP.COM/OFFERS



eyeconic

**Like shopping online?** Use your benefits on **eyeconic.com**<sup>®</sup>—the VSP<sup>®</sup> preferred online retailer that gives you access to more than 60 brands of contacts, eyeglasses, and sunglasses, and connects you directly with your eye doctor.

Available only to VSP members with applicable plan benefits through VSP Network Doctors and In-Network locations. Frame brands subject to change. Expires 12/31/2021.
 Up to 40% savings based on VSP network doctor's retail price and varies by plan and purchase selection; average savings determined after benefits are applied. Check your benefits to see if this offer applies.

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# Enjoy Low Prices on Hearing Aids

Like vision loss, hearing loss can have a huge impact on your quality of life. However, the cost of a pair of quality hearing aids usually costs more than \$5,000, and few people have hearing aid insurance coverage.

TruHearing<sup>®</sup> is making hearing aids affordable by providing exclusive savings to all VSP<sup>®</sup> Vision Care members. You can save up to \$2,400 on a pair of hearing aids with TruHearing pricing. What's more, your dependents and even extended family members are eligible, too.

In addition to great pricing, TruHearing provides you with:

- · Three provider visits for fitting, adjustments, and cleanings
- 45-day money back guarantee
- Three-year manufacturer's warranty for repairs and one-time loss and damage
- · 48 free batteries per hearing aid

Plus, with TruHearing you'll get:

- Access to a national network of more than 4,500 licensed hearing aid professionals
- Straightforward, nationally fixed pricing on a selection of more than 90 digital hearing aids in 400 styles
- · Deep discounts on replacement batteries shipped directly to your door

Best of all, if you already have a hearing aid benefit from your health plan or employer, you can combine it with this program to maximize the benefit and reduce your out-of-pocket expense.

# Learn more about this VSP Exclusive Member Extra at vsp.truhearing.com. Or, call 877.396.7194 with questions.

Not made available by VSP in the state of Washington

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The relationship between VSP and TruHearing is that of independent contractors. VSP makes no endorsement, representations or warranties regarding any products or services offered by TruHearing, a third-party vendor. The vendor is solely responsible for the products or services offered by them. If you have any questions regarding the services offered here, you should contact the vendor directly.



Here's how it works:

- 1. Call TruHearing. Call 877.396.7194. You and your family members must mention VSP.
- 2. Schedule exam.

TruHearing will answer your questions and schedule a hearing exam with a local provider.

3. Attend appointment.

The provider will make a recommendation, order the hearing aids through TruHearing and fit them for you.