

Community Based Palliative Care

Consult with your doctor

Would a referral to Allied Services Community Based Palliative Care enhance your quality of life? A discussion with your doctor can help to answer this question. Your physician can refer you upon request.

To learn more call **570.341.4330**.



START YOUR REFERRAL

Call: 570.341.4330

Visit: alliedservices.org

What is Palliative Care?

Palliative care is a relatively new specialty and one that is commonly mistaken for hospice care. In contrast to hospice care which is usually provided for patients with 6 months or less to live, palliative care is appropriate at any stage in a serious illness.

Palliative care is about improving quality of life **alongside** curative and life-prolonging care. It prevents or treats symptoms and side effects of disease and treatment, and offers support for the emotional, social, practical, and spiritual issues that chronic illnesses can bring up.

Living with a serious illness can be challenging for both patients and families. There can be confusion about complex medical decisions, concerns for the future, uncontrolled symptoms and frequent trips to the emergency room.

Allied Services Community Based Palliative Care Program is here to provide an extra layer of support as you navigate life with chronic illness. We help to restore quality of life for both patient and family through a detailed assessment, communication and coordination of care.

Our Approach to Care

Care is provided by a team of skilled, compassionate health care professionals that includes a physician, nurse practitioner, registered nurse and, depending on your needs and preferences, a social worker and chaplain.

You can expect our team to dedicate time to get to know you. Over the course of several visits, we will talk with you about your illness, symptoms, care and personal goals. Based on this information, we will work with your doctor to develop a personalized care plan. After the initial visit, we will check in on you and provide special help if problems arise.

We offer guidance to manage your health at home and avoid going to the hospital when possible. You can expect expert care in the following areas:

- nausea
- pain
- swelling of the extremities
- trouble sleeping
- loss of appetite
- constipation
- shortness of breath

We are committed to ensuring you receive the care you want, in the location you want, at the time you need it.